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Finger Feeding

- Wash hands and assemble the syringe or bottle with feeding tube with breast milk in syringe or bottle.
- Place infant in upright position supported with arm and hand or on a pillow
- Tape feeding tube to the pad side of index or pinky finger of opposite hand. The end of tube should be even with end of finger
- Hold syringe in hand supporting infant. Or place bottle on edge of table.
- Slide finger into infant's mouth so that pad side touches hard palate and nail bed rests on tongue. Finger is drawn in past the gum line but not too deep in the mouth that the gag reflex is triggered.
- Slowly deliver 0.1ml of supplement by pushing the syringe with every suck and swallow infant demonstrates. Continue to reward infant for proper sucking and swallowing with a small amount of fluid
- The suck-swallow pattern will be rhythmical with tongue moving front to back.
- Burp frequently